

The Free Medical Clinic

Approved Items to Donate

(Drop off at the Oak Ridge or Harriman Clinic)

Please only bring items approved on this list:

1. Unopened bottles of over the counter (OTC) medications or vitamins
2. Good condition medical equipment such as: crutches, wheel chair, walker, sleep apnea, slings and any other item in these categories
3. Soap, shampoo, toothpastes, toothbrushes, deodorant
4. First aid kits and/or first aid items like bandages, Band-Aids
5. Unopened and individually wrapped candy to give out to children
6. Blank and unused "Thank You" cards
7. Items we can use in our Hospitality Room for Volunteers, Providers, Personnel, and Medical Team, such as: donuts, chips, cookies, crackers, sandwiches, drinks, breakfast items, snack bars, snack packets, etc.
8. Copy paper, all sizes; envelopes all sizes
9. Pens, paper clips, markers

If your item is not on the approved list, please contact our clinic prior to arrival.

Items that we will not accept:

1. Any opened prescription medications
2. Poor condition medical equipment
3. Opened personal items